

HIGH FUNCTIONING AUTISM

*Proven & Practical Interventions for Challenging Behaviours
in Children and Adolescents*

EDMONTON | TUESDAY, NOVEMBER 21, 2017 | 9:00 AM - 4:00 PM
Executive Royal Hotel West Edmonton | 10010 - 178th Street NW

This intensive, full-day workshop provides proven intervention strategies, essential treatment tools, and behavioural techniques to help you analyze behaviours and actions, identify consequences for behaviours, and teach new skills to children, adolescents and young adults with high-functioning autism (HFA). Walk away with practical intervention techniques for social success, behaviour changes and overcoming challenging co-occurring behaviours that deliver success through adulthood.

The challenging co-occurring issues to be addressed are:

- » **Social Skills Deficits**
- » **Communication Deficits**
- » **Sensory**
- » **Anxiety/Rigidity**
- » **Depression**
- » **Meltdowns, Outbursts, and Non-Compliance**
- » **ADHD**

» **OCD**

» **Psychotropic Medications**

Gain valuable insight into how information processing, communication, and social skills deficits lead to difficulty in the home, school, occupational, and social settings. Learn how to prioritize a plan for intervention and implement strategies in order to improve functioning across all areas. We will explore HFA and the new DSM-5[®] diagnosis of Social-Pragmatic Communication Disorder. You will receive the necessary tools to gain effective collaboration between clinicians, educators and parents.

Through case studies, video clips and class participation you will leave this workshop with an improved understanding of HFA and the confidence to develop and implement effective treatment plans. Don't just manage these individuals; provide interventions that lead to successful independence into their adult years! 🌱

WORKSHOP AGENDA – KEY TOPICS COVERED

DSM-5[®] and ICD-10 Updates

- » Social-Pragmatic Communication Disorder
- » Impact on service delivery (school/community)
- » Successfully link home, school and therapy
- » IEP/504/Do they qualify for school services?
- » Co-morbid disorders: Why the difference is important

Social Skills Interventions

- » Improve social skill deficits
- » "Kid Cop" behaviours and why other kids get angry
- » How to get peers to recognize them in positive ways
- » Group activities that have a proven track record

Communication Interventions

- » Help peers and family members relate
- » Verbal interventions that overload processing
- » The importance of incorporating visuals in communication
- » Pragmatic language and other abstract issues

Sensory Interventions

- » Self-stimulation
- » Coping/calming techniques that reduce meltdowns
- » Sensory diet

Anxiety Interventions

- » Anxiety-reducing activities
- » How anxiety impacts rigidity
- » Help them "self-regulate"
- » Successful transitions

Depression Interventions

- » Assessing for mood disorders
- » Therapy that works for people with HFA
- » Solitude vs. Loneliness

ADHD Interventions

- » ADHD vs. hyper-focus
- » Commonly prescribed medications and possible benefits and side effects
- » Specific triggers and what fuels the rage
- » Reduce aggressive and disruptive behaviours
- » Mistakes that escalate defiant behaviours
- » Overcome refusals to comply with even simple requests

Obsessive-Compulsive Disorder (OCD) Interventions

- » Differences between ASD and OCD
- » Specific medication interventions
- » Impact on socialization and behaviours



MEGHAN BARLOW, PH.D.

Meghan Barlow, Ph.D., is a licensed pediatric psychologist specializing in the assessment and treatment of children, adolescents and young adults on the autism spectrum. She also has a wide range of experience working with children who have a variety of anxiety disorders, developmental disorders, attention deficit disorders, mood disorders, behavioral concerns, genetic and metabolic syndromes and acute or chronic medical conditions. Dr. Barlow is the owner of a private practice, Meghan Barlow and Associates, where she provides assessment, treatment and group therapy services for children, adolescents, and young adults. Dr. Barlow has developed trainings and workshops for parents, school professionals, and mental health providers on topics related to social skills, autism spectrum disorder, depression and anxiety. She speaks in a variety of settings offering education and practical strategies for managing children's behaviour, facilitating social skills and navigating developmental transitions. Dr. Barlow earned her Ph.D. from Kent State University.

1
DAY

**CHILD & YOUTH
FOCUSED**

6
CEUs

Early Bird Deadline: November 7, 2017

LEARNING OBJECTIVES

1. Explain how the DSM-5[®] updates impact service delivery
2. Utilize several social skill interventions to improve long-term success for children/adolescents with HFA
3. Employ specific coping and calming techniques for children/adolescents with HFA
4. Identify medication side effects that can mimic behavioural issues and may even cause behavioural issues
5. Design effective strategies for successful transitions for children/adolescents with HFA
6. Select specific behavioral interventions that target the most difficult behaviors in children/adolescents with HFA

EARLY BIRD DISCOUNT - SAVE \$20!

REGISTRATION FORM

Meghan Barlow Workshop | Fall 2017

► STEP 1 – CONTACT INFO

Name		
Position	School / Organization	
Address		
City	Province	Postal Code
Work Phone []	Work Fax []	
Email		

► STEP 2 – SELECT WORKSHOP & APPLICABLE FEE *Fees do not include tax (5% GST).*

	INDIVIDUAL	GROUP 3-7	GROUP 8-14	GROUP 15+	FT STUDENT †
High-Functioning Autism November 21, 2017					
Early Bird (Before November 7)	<input type="checkbox"/> \$229	<input type="checkbox"/> \$214	<input type="checkbox"/> \$199	<input type="checkbox"/> \$179	\$179
Regular	<input type="checkbox"/> \$249	<input type="checkbox"/> \$234	<input type="checkbox"/> \$219	<input type="checkbox"/> \$199	\$199

† Please contact registration@jackhirose.com for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

► STEP 3 – PAYMENT

<input type="checkbox"/> Visa	Credit Card #	Expiry	/
<input type="checkbox"/> MasterCard	Cardholder Name		
<input type="checkbox"/> Cheque	Signature		Cheque #

4 WAYS TO REGISTER



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3 WAYS TO SAVE



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EARLY BIRD DISCOUNT
Deadline: November 7, 2017



GROUP DISCOUNTS (online only)
See Step 2 for Savings & Fees.

WEBINARS

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DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Please note, a **\$10** manual registration fee will apply for groups not registering online. Full time students (3+ classes per semester) must provide proof of enrolment. Please contact: registration@jackhirose.com for more info.

EARLY BIRD DEADLINE

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, morning coffee, muffins and refreshment breaks. Lunches are not included.

WORKSHOP AIDE DISCOUNT

Save **\$115** on a one-day workshop, **\$190** on a two-day workshop and **\$290** on a three-day workshop. By working as an assistant to the workshop coordinator, workshop aides will receive a discount for the workshop of their choice. Workshop aides must arrive by 7:00am on all days of the event and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the workshop. Please keep in mind that we can accommodate a maximum of 3 workshop aides per workshop. To apply for the workshop aides program, please email registration@jackhirose.com

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). **The number of course credits will vary for each event. See the event listing for specific workshop accreditation.**

HOTEL & ACCOMMODATIONS

Rates may vary, subject to availability. Please request the Jack Hirose & Associates corporate rate. Must be booked at least one month prior to the workshop date.

EXECUTIVE ROYAL HOTEL EDMONTON
10010 178th Street NW - 780-484-6000

TERMS & CONDITIONS

Our liability is limited to refunds for workshop fees only.

Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for **workshop fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please visit our website.

CANCELLATION POLICY

All cancellations must be submitted by email at registration@jackhirose.com. Non-attendance at a workshop will not be grounds for any or partial refund / credit under any circumstances. **Refunds will be available minus a \$40 administration fee** for cancellations made five business days or more prior to the event. **No refund or credit under any circumstances will be available for cancellations less than five full business days prior to the event.** Exceptions to this will not be granted.

CERTIFICATES

Provided for pre-registered attendees only. Those who register at the door, or want additional copies can download their certificate, free of charge, at certificates.jackhirose.com. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

RECEIPTS

Sent by email once you're registration has been processed. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can be downloaded from certificates.jackhirose.com.

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