

# Trinity Christian School

## Junior High Options



### REC ACTIVITIES

If you love to be active, this is the option for you. This option will take the students off campus to experience athletics not possible otherwise. Activities could include disk golf, extreme air, canoeing, snorkeling, wall climbing, swimming, weight training, skating, tobogganing and scuba diving. Booking of each activity varies due to availability. This option will cost \$125. Parents are needed as volunteer drivers. If your child joins this option, the expectation is that you will volunteer to drive as well. Students enjoy this option and it is an excellent opportunity to explore an active lifestyle.



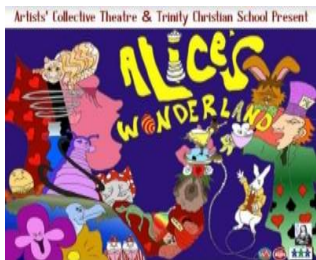
### ATHLETIC LEADERSHIP

Athletics is the perfect area to practice leadership. In this class, students will discuss the characteristics of a strong, Christian, leader in the context of athletics. Students will be challenged to live a life that honours God and inspires others.



### TRIATHLON

This is a physical activity class where students will have the opportunity to train towards running a triathlon. Students will use this time to train and work on improving endurance in running, swimming, and biking. Students will discuss technique and pacing skills. This class is for any student who loves to be active, and wants to challenge themselves.



### DRAMA PRODUCTION

During this option class, students will prepare a play entitled "ALICE'S WONDERLAND". Students will use the time to develop drama skills. Students will learn important drama skills and will be assigned a role in the presentation of the production. If you choose this class, you will be required to fill out a drama form, and sign up for Drama in both of your first semester options. This year we are partnering with ACT (Art's Collective Theatre) and will be performed downtown Calgary to a public audience.



### INTRO INTO ACTING

This Thursday afternoon class will focus on basic acting principles for stage, including speaking, listening, movement, taking direction, working as a team, performing solo and creating scenes. Opportunity to perform in assemblies, chapel, etc. This is NOT a "drama games" class, but will focus on helping students learn to perform on stage in front of an audience. Students who want to perform should sign up for this class!



### DANCE

This brand new dance option will allow students to learn the basics to three different styles of dance. Over the course of 5-6 classes students will learn separate combos from three unique genres and present them to fellow students. This is a fun, high energy, exciting class that offers not one but three different types of dance!!"

## PRAISE BAND

This year at TCS, we will have two worship teams. The first team is a full band consisting of piano, guitar, bass, drums, and other instruments and the second team is an acoustic band consisting of piano, guitar, and cajon. Each group will alternate playing at chapels which will give both groups multiple sessions to practice their sets before performing.

## PHOTOGRAPHY

Creativity at its best! You will look at the world with a different perspective and learn to see things out of the ordinary. We will look at different themes and consider sharing our work using a variety of media. If you enjoy photography or just want to experiment, consider this option. If you have an SLR camera or even a simple aim and shoot, that would be great. School cameras will be provided unless you bring your own device - phones are also a possibility. If there is an area of interest or specialty you have, please share it when you come. We will all benefit from a variety of expertise in this option.

## VIDEOGRAPHY

Creativity at its finest! During this option students will explore creating a variety of styles of video. Students will learn the basics of videography, and enjoy creating media clips and presentations using different programs. Stop animation, video editing, and video presentation skills will all be a part of this exciting option.

## ROBOTICS & TECHNOLOGY DESIGN

Lego Mindstorms NXT 2.0 Robotics gives students to opportunity to explore engineering design and computer programming skills in a collaborative, self-paced, students centered environment. Students will work in teams to accomplish the basic building and programming tasks. Once mastered, students will be given challenges to problems solve and accomplish. This option is ideal for students who want to be challenged to create and explore.

## SOUND TECHNOLOGY

This course will give students an introduction to setting up and operating the Sound System for Chapel. Students will have an opportunity to participate in Chapel and other assemblies through operation of the sound board. Students may also have the opportunity to set up and run the stage lights and there will be an opportunity to work on the sound system for the Drama Production, which will include some mentoring by a professional crew on sound and stage design.

## CONSTRUCTION

The Construction option will focus on building introductory construction and woodworking skills using hand tools. During this option we will focus on proper tool selection and use while planning, building, and finishing a variety of projects. Shop safety and career trades will also be discussed during this class.

## FOODS 7/8 and FOODS 8/9

If you love to explore and experiment with food, this option will allow you the opportunity to start your journey into the culinary world. You will learn the importance of safe and efficient work habits in the kitchen-including the safe handling of food, nutrition and making wise and healthy food choices, and understanding and preparing recipes. This class will empower you to develop essential understandings, technique and confidence in the kitchen. Bon appetite!



## HOME ECONOMICS

This option will explore students' ability to be creative and make smaller handmade crafts. This class will partially be guided by students own interests with possible creations in knitting and/or crocheting, hand sewing, and paper crafts. Come and create art you can make with your own hands!



## ART 1

This is a chance to play around with creative materials. As a class, we will decide which aspect of art to focus on: we may decide to work on basic drawing, review and apply art fundamentals, or experiment with manga. Or we may decide to create works of art by combining/ recombining/ recycling a variety of materials (as in the Maker movement that is becoming popular throughout North America). Whatever we decide, it will involve creative exploration and a relaxed approach to making new things!



## ART 2

Art two is a more self-directed course for students to work on developing their own art skills in the areas that interest them. The teacher will take on more of a supportive role as students identify their own medium for improvement, and work to create pieces with that medium.



## TEACHER'S ASSISTANT

Are you thinking that you might want to be a teacher when you grow up? Or do you just enjoy helping teachers with the younger students? If so, this option is a terrific opportunity for you to minister to our teachers and students. During the Teacher's Assistants' (TA) option students will have the opportunity to serve teachers by helping create bulletin board displays, photocopy/laminate class resources, create board/computer review games, among many other tasks. They will also be able to serve their younger TCS classmates by being reading buddies or supervisors of classroom centres.

**STUDENT  
LEADERSHIP**

## LEADERSHIP TEAM – Lunchtime Elective

The group's main purpose is to serve and positively impact the community of T.C.S. through positive leadership. We will have three areas of focus in our weekly meetings:

- 1) Leadership Skill Development - Students will participate in discussion and information surrounding leadership, and be given opportunity to develop and apply a variety of leadership strategies.
- 2) School Advisory Group - Students will participate in the capacity of an advisory council. Students will work together to identify areas of school in need of improvement, and work to develop creative solutions to those problems.
- 3) Event Coordination - Students will work to organize school-wide events that will focus around service of our school, our city, and others around the globe.