



TOC Presents

Dr. Neil Parker M.S., Ph.D.

Registered Provisional Psychologist

Thursday May 3, 7—8 pm

Q & A: 8—9 pm

Anxiety

Recognizing it in your children and how to help

Dr. Parker is a Registered Provisional Psychologist and an active member in good standing with the College of Alberta Psychologists (CAP), the Psychologist's Association of Alberta (PAA), and the Society of Clinical Child and Adolescent Psychology (SCCAP). Neil has an MS in Applied Psychology and a Ph.D. in Psychology, and is a certified instructor in Applied Suicide Intervention Skills Training (ASIST). His education includes a focus on developmental psychopathologies and their evidence-based treatments.

Neil has over 30 years experience working with adolescents, families, and adults. His past roles include 10 years as an English and Psychology teacher in public schools, as well as 20 years of non-profit work with adolescents and their families. In his non-profit position, Neil spent thousands of hours doing outreach work, developing relationships with all types of teenagers, including at-risk and multicultural youth. Neil counseled individual and small groups of adolescents who were dealing with anxiety, substance abuse, social skills deficits, peer conflict, bullying, spirituality, and academic performance issues. His work with parents included counseling on adolescent parenting strategies, child-parent relationships, and conflict resolution.

Neil focuses his practice primarily on early to late adolescents (age 10-23) and their parents. He also specializes in the treatment of adult anxiety and depression. Neil's evidence-based treatment strategies are informed by cognitive behavioral therapy (CBT), dialectical behavior therapy (DBT), and solution-focused therapy. In addition to his counseling practice, Neil is a consultant and instructor for the Centre for Suicide Prevention, working on initiatives to prevent suicide in adolescent populations.