




Gratitude

I have been taught that gratefulness is a feel, and gratitude is an action word.

My understanding, then, is that my grateful feelings don't always lead to actions of gratitude.


When I lack the motivation to live with gratitude, it can usually be boiled down to me forgetting one ultimate reality.

Ephesians 2:8-9 Paul writes, "**8** For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, **9** not a result of works, so that no one may boast."



Remembering that Jesus has done everything needed for me to be adopted into the family of God, eternally secure, and given a life of purpose on this side of heaven, is the greatest motivation for living with gratitude. This means that when life is hard, confusing, painful or full of joy, we can intentionally look for the grace of God in our lives and live with gratitude.

As we enter a thanksgiving season, may we now believe in the redeeming work of Jesus, in turn, live with gratitude.



"Gratitude is the heart's response to seeing and experiencing grace. And we must intentionally look for grace. It's all around us. But selfishness distorts the lenses of our heart-eyes. So we need scriptural prescription lenses to see right." - Jon Bloom

